

# Menu

<b>Week 4</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Morning Snack</b>	Banana & Apple	Kiwi & Satsuma	Banana & Grapes	Orange & Plum	Melon & Pear
<b>Lunch</b>	Tuna Neapolitan pasta & peas	Tomato & Coconut Dhal, rice & carrots	Shepherd's Pie with hidden lentils & mixed veg	Veg Pearl Barley Hotpot & mixed veg	Sweet & Sour Chicken with fluffy rice & sweetcorn
<b>Veggie Option</b>	Tuna Neapolitan pasta & peas	Tomato & Coconut Dhal, rice & carrots	Lentil Shepherd's Pie & mixed veg	Veg Pearl Barley Hotpot	Sweet & Sour Veg with fluffy rice & sweetcorn
<b>Pudding</b>	Natural Yoghurt & Berries	Oranges	Ginger Biscuits	Icecream	Mango Ripple Fool
<b>Afternoon Tea</b>	Baked Beans on Toast  Pineapple	Tuna / Cheese Wheels with cucumber sticks  Melon	Tomato/lentil Pasta  Hidden Fruit Jelly	Hot Pitta Bread Pizza with carrot sticks  Natural Yoghurt & Berries	Savoury Sandwiches Cucumber sticks & hummus  Melon